

The Center for Natural & Integrative Medicine

L.M.

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"In October 1995, I was diagnosed and treated for Stage 4 breast cancer. My oncologist suggested a stem cell transplant. My husband and I began to prepare for my transplant at a large teaching university. When January 1996 arrived, a trip to the stem cell transplant center was necessary. I would undergo many tests at their University Hospital before receiving my high dose chemotherapy. Six weeks passed before I was well enough to return home. I was still quite sick and had many side effects.

My Gastroenterologist in Florida performed an endoscopy. The results showed a very red and acidic lining of the stomach. I took a medication for this for a little over three years. While this brought some relief, it did not cure the problem. Ten years passed without hope of recovery.

The University Hospital was later able to give me information regarding this side effect. The lining of my stomach was peeling from the chemotherapy I had received, but they did not know how to treat this problem.

I began to look for a more natural healing. I did a lot of reading and spent time in health food stores hoping I could find an answer there. Months passed, and I met a young lady who gave me the name of her naturopath. I was more than willing to try natural and integrative medicine. My first appointment with Dr. Kalidas has been almost a year ago. At that time we discussed my concern over my general fatigue as well as my acidic stomach. Not only did Dr. Kalidas reline my stomach, he gave me many supplements, and my energy returned. Nine months have passed, and I am well. I have joined a strength-building class and am seeing positive results.

I want to thank you Dr. Kalidas for giving me my health back. Life is good again."